

Kathy L. Davies, DDS, MS, PA
PERIODONTICS
Cedar Ridge Offices
900 Martin Luther King Jr. Blvd. Suite B
Chapel Hill, NC 27514

POST OPERATIVE INSTRUCTIONS FOR EXTRACTIONS

Bleeding is best controlled by biting on gauze pack for 20 mins following the extraction . If oozing persists take another gauze and repeat 20 mins of constant pressure. A moist tea bag can be used if you run out of gauze.

Eat Soft foods for the first few days. Be sure to drink plenty of liquids.

Do not smoke, drink through a straw, or rinse your mouth for 24 hrs. Use warm salt water rinses (1/2 teaspoon of salt in an 8oz glass of water) following meals to flush out particles of food.

Call at once if you have a fever of 100 degrees, pain or swelling , excessive bleeding , or unusual reaction to any medication prescribed. **Home (919) 968-6391, Cell (919) 932-4864, office (919) 967-5099**